

Spiritual Direction Colorado Presents:



The Enneagram ~ Instincts and Subtypes

With Rev. Charlotte Shepic

Human evolution has required three basic instincts for survival. These survival instincts or instinctual energies are referred to in the Enneagram as Self-preservation, One-to-One, and Social. These evolutionary forces are deeply imbedded in humans and challenge our desire to make changes. In the workshop we will learn about each instinct, begin to identify our subtype, and hear from others about how they experience instincts and subtypes in their lives.



Saturday, October 22, 2016 10 a.m. – 3 p.m.

Good Shepherd Episcopal Church

8545 East Dry Creek Road

Centennial, CO

SDCO SPIRITUAL DIRECTION COLORADO For more information and to register:

Please visit our website at: www.spiritualdirectioncolorado.org

Please bring a sack lunch, some refreshments will be provided.

Charlotte Shepic is a spiritual director trained through the Sursum Corda formation program in South Carolina and an ordained deacon in the Episcopal Church. At present she is part of an internship program through the *Enneagram Studies in the Narrative Tradition (ESNT)* to become certified to work with individuals and groups to assist them in learning more about themselves and the Enneagram.

